



# New Zealand Communities Growth Trust (NZCGT) Therapeutic and Counselling Application Form (individual).

**Any information that we collect from you is private and confidential to Public Trust and will be handled in accordance with the Privacy Act 1993.**

## What is the purpose?

The New Zealand Communities Growth Trust exists to help people disadvantaged by cults or communities. One of the ways it helps is by funding sessions with qualified counselling and therapy providers for those disadvantaged. Use this form to check if you meet the criteria, and to apply for help.

## What funding is available?

- Up to two sessions per month or 24 sessions over a 12-month period from 1 July to 30 June.
- Maximum funding of \$150 per session is available.

Note: A maximum of six sessions will be approved per application. Applications must fill in a new application form for additional sessions (if needed) after their approved sessions have been used.

## What are the criteria?

Individuals disadvantaged by cults or communities and in particular past residents of Centrepoint and their children.

The New Zealand Communities Growth Trust (NZCGT) can provide funding towards therapeutic and counselling where services are provided by a professional who is:

- a) ACC approved ([www.findsupport.co.nz](http://www.findsupport.co.nz)) or a member, applicant or provisional member of any of:
- New Zealand Association of Psychotherapists ([www.nzap.org.nz](http://www.nzap.org.nz))

- New Zealand Association of Counsellors ([www.nzac.org.nz](http://www.nzac.org.nz))
- New Zealand Christian Counsellors Association ([www.nzcca.org.nz](http://www.nzcca.org.nz))
- Drug and Alcohol Practitioners' Association of Aotearoa-New Zealand
- ([www.dapaanz.org.nz](http://www.dapaanz.org.nz)) - this only includes registered competent practitioners and associate practitioners

### OR

b) a psychologist who holds a current practising certificate, is registered with the New Zealand Psychologists Board ([www.psychologistsboard.org.nz](http://www.psychologistsboard.org.nz)) and is registered with either the New Zealand College of Clinical Psychologists or the New Zealand Psychological Society.

**Each application is considered on its merits, and allocation of funding is at the discretion of the Trustee. In some circumstances, consideration may be given to alternative services.**

## What happens next?

- You will be advised whether your application has been approved or declined.
- Successful applicants will then be asked to arrange an invoice to be sent from the provider of services to Public Trust for payment.

For more information, visit:  
<https://www.publictrust.co.nz/grants/>

## How can I apply?

If you have any trouble completing the form or have any other queries, please contact us by phone on **0800 371 471** or email us at [nzcg@publictrust.co.nz](mailto:nzcg@publictrust.co.nz)

Applications will be considered on the 15th and 30th of each month or the working day prior if this falls on a weekend or public holiday. Please note that, in December, applications will only be considered on the 15th of the month.

Applications must be submitted by 4pm on the closing date - any application received after this will be considered in the next round.

The therapeutic and counselling application form must be completed in full. Incomplete applications or modified application forms will not be considered.

Applications can be submitted to [nzcg@publictrust.co.nz](mailto:nzcg@publictrust.co.nz) or posted to:

**New Zealand Communities Growth Trust, Public Trust, PO Box 31543, Lower Hutt, 5040**



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## Applicant details

First name(s):		Surname:	
Known by other names:		Marital status:	
Date of birth:		Occupation:	
Address:			
Phone:		Email address:	

## Brief description of your background

I was a resident of Centrepoint during the period of \_\_\_\_\_ to \_\_\_\_\_

My parent(s) were resident(s) of Centrepoint during the period of \_\_\_\_\_ to \_\_\_\_\_

I was a resident of \_\_\_\_\_ cult/ community during the period of \_\_\_\_\_ to \_\_\_\_\_

Has there been a recent event that means you require more than two sessions per month in the short term?

Yes / No

**Please note that, in the event of approval of more than two sessions per month, the Trust will still only be able to support a total of 24 sessions in a 12-month period from 1 July to 30 June.**

### I wish to apply for assistance with the cost of counselling/ therapy

Please tick the most suitable box.

First application for assistance

Application for additional sessions

### Counselling/therapy services required

Please tick the most suitable box(es).

Marriage and family counselling/therapy

Guidance and career counselling/therapy

Rehabilitation counselling/therapy

Mental health counselling/therapy

Substance abuse counselling/therapy

Educational, counselling/therapy

**A maximum of six sessions will be approved per application.**

**Applicants must fill in a new application form for additional sessions (if needed) after their approved sessions have been used.**

## Details of provider

Counsellor name/ practice:	
Address:	
Phone:	
Number of sessions:	
Cost per session:	

**I understand that Public Trust may ask for more information about my application, if needed.**

Signature of applicant \_\_\_\_\_

Date \_\_\_\_/\_\_\_\_/\_\_\_\_\_